

Dear Parents,

Sometime during the semester your student will be watching the movie RUDY in Health class. The movie has been approved for the Media Library at West. The movie is rated PG. If there is a reason you would **not** like your son or daughter to view this film please sign this opt out form at the bottom. Disregard this letter if you approve your student viewing this movie.

We will be discussing the importance of coping skills, dealing with stress and facing challenges. We have added a mental health component to our curriculum this year that helps students develop an understanding of resilience when faced with tough situations. The movie is based on a true story which shows the life of Daniel Ruettinger and his inspirational journey with an emphasis on goal setting and never giving up. Thank you for your consideration.

Mrs. Bisaro

West Health Teacher

I do not want my student to view this movie.